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Groundbreaking on Ball Circle initiates Campus Center construction



Gracie Draper/The Bullet

UMW Board of Visitors attend groundbreaking event on Ball Circle on Sept. 20. The University plans to have construction completed on the Campus Center by the fall of 2015, allowing for students to have additional spaces to study.

By CHRIS MARKHAM

The University of Mary Washington held a groundbreaking ceremony for the new Campus Center on Sept. 20 on Ball Circle, signifying the official beginning of construction on the building.

A process that began in 2012, the building is expected to be completed in fall 2015.

Doug Searcy, vice president of student affairs, gave the opening remarks. He thanked the construction teams' involvement and the "multiple impacts" they have made during the process of planning, as well as stressing the impact the center will have on the community and future UMW students.

Stephanie Preston, Student

Government Association (SGA) president, took the podium to deliver a speech on behalf of the student body.

She began by calling Ball Circle a "beautiful place" where students of the many reasons the

done or simply toss a frisbee.

However, due to constrictions of weather, Ball Circle

"It will enhance our current involvement and engagement here on campus."

- Stephanie Preston

cannot be used to its fullest extent all year and this is one

reasons the Campus Center was need-

ed, according to Preston.

"It will enhance our current involvement and engagement here on campus," said Preston. "It gets too cold during the year, too cold to be outside and have carnivals, and the spaces we have right now are too limited for big events."

Mary Katherine Greenlaw, mayor of Fredericksburg,

spoke on the Campus Center's impact not only on the school, but to the community.

"UMW is and always has been an important part of Fredericksburg," said Greenlaw. "One of our sources of pride is being the home of UMW."

Greenlaw went on to discuss the Campus Center's

• CAMPUS CENTER, 8

Family Weekend brings new faces to university

By NEPHTHALIE LAUTURE

On the weekend of Sept. 20 through the 22, the University of Mary Washington hosted its 40th annual Family Weekend. The three-day event consisted of a variety of tours, showcases and activities that both parents and students alike enjoyed.

Family weekend, initiated in April 1973, was originally titled "Parents Weekend."

The following year, the event was made an annual fall event and remained that way since.

Planned by the office of Events and Conferencing, the weekend gives UMW families an opportunity to experience on-campus student life.

"We start planning in January. There is a family weekend committee that has faculty and staff representatives, student affairs and events people on it," said special projects coordinator at the Events and Conferencing office within The University of Mary Washington, Erika Spivey. "So we meet just to talk about the event and to plan the overall direction, and I report to that committee, and that is how I get my direction for planning logistics."

Of the 41 activities, three hallmark events are held annually and define the family weekend experience: the education abroad fair, the cookout and club showcase and the tour of Brompton, home of the university's president, Richard Hurley.

The education abroad fair, a three-hour event, allowed parents to listen and speak to faculty-led program directors, representatives from universities abroad and study abroad alumni about education, internship and volunteer opportunities.

The cookout and club showcase was held on Ball Circle, where barbecue food such as

salads, pulled pork sandwiches and chicken were served.

Various Clubs began performed at noon.

The tour of Brompton, located at 704 Sunken Rd., was the center of the Battle of Fredericksburg in 1862, and later served as a hospital in 1864.

President and Mrs. Rose Hurley greeted parents, students and members of the community at the door.

Parents were given access to residence and dining halls, met their children's friends and learned about their various extracurricular involvements.

"My son loved the library because they had little games there to play. And now they are having some barbecue," said Debbie Brey, mother of freshman Kelsey Brey. "Everyone is really friendly. It is a nice, small, pretty campus."

Families also enjoyed visiting downtown Fredericksburg.

"We really enjoyed taking the trolley into town," said Beth Winiecki, mother of sophomore Jeff Winiecki. "We went into town and did some shopping and saw all of the artwork in town and now we are back to meet him for his rugby match."

Despite its popularity amongst the newer students, many older UMW students were nostalgic about the events that took place that weekend.

"I still love it. I really like to see all the freshmen. They are so excited about college. It's very exciting to see, I remember my first family weekend," said senior Hannah Straton. "I want the new students to see that we are a really close knit community. I just like how we have the small classroom size, which is wonderful. In your classroom, you know all the people, you know their friends."

Local Politics: 88th District Delegate debate



The Bullet

Delegate Mark Cole and Democratic candidate Kathleen O'Halloran debated issues presented by both UMW students and the Fredericksburg community.

By STEPHANIE TIPPLE

The University of Mary Washington hosted the first debate for the 88th District of the Virginia House of Delegates race on Sept. 18.

Delegate Mark Cole, Republican incumbent candidate, and Kathleen O'Halloran, the Democratic candidate, fielded questions submitted by the audience. UMW students and Fredericksburg community members presented questions regarding health-care, higher education, women's rights and transportation.

For students attending the debate, the most prevalent issues were the cost of higher education, education funding and dealing with student debt.

"We need to do what we can to try and make public universities more affordable for everyone in this economy. The Governor [McDonnell] started a new initiative a few years ago in order to provide more funding for the universities and financial aid," said Cole. "As far as the debt goes, again, we need to do what we can to keep interest rates low so if you do have to take out a loan, you won't have to pay a high interest rate."

He cited the condition of

the current economy recovery as a factor in how much Virginia will spend to aid students in paying for their education.

O'Halloran showed support for Sen. Elizabeth Warren's (D-Mass.) plan and legislation the Bank on Student Loans Fairness Act. The Act was a short-term plan that would allow students to borrow loans from the federal government with the same interest rate that the Federal Reserve receives (3/4 of one percent), while Congress mapped out a long-term solution.

For commuters, working students and traveling professors there was a discussion over transportation and methods to lower the burden of traffic and congestion on Virginia residents. McDonnell passed a transportation plan meant to address some of these concerns, which Cole voted against in his most recent term in Richmond.

"While there is never a good time to raise taxes, an economic recession is probably the worst time," said Cole. "While certainly I support more funding for transportation, we've got a lot of transportation needs. I did try to support more legislation for transportation funding that didn't increase taxes."

O'Halloran countered Cole's position on transportation funding, stating, "Gov. McDonnell said the transportation plan was tax neutral, and it would not increase taxes. I saw a statistic today that said in Northern Virginia, a married couple spends an extra 134 hours a year, sitting in their car and an extra \$3,000."

O'Halloran commented on the importance of women's rights, specifically legislating reproductive health choices.

"I definitely don't think the government should come between a doctor and his patient. I think that doctors are frustrated, and women are frustrated. I would work to appeal the [mandated] ultrasounds. I would repeal anything that would interfere with a woman's reproductive choices," said O'Halloran.

Cole also stated his opinion on abortion and reproductive rights in Virginia legislation.

"I am pro-life, and I've made that fact known since the first time I ran for public office. I feel that the government has a fundamental duty to protect innocent life," said Cole. "Our hands are kind of tied at the state level on the abortion issue. Roe vs. Wade, settled that issue 40 years ago, but I do

think the state has a role in setting health and safety standards for abortion clinics and also the procedures themselves."

The candidates fielded questions about the expansion of Medicaid and the possibility of increasing a governor's term. Audience members had conflicting views about the debate.

"On the one hand you saw a candidate who blamed the federal government for everything," said Ben Hermerding, junior political science major and president of Young Democrats. "On the other hand, with O'Halloran, you saw someone who was really people focused and wants to fight for people in Richmond."

Max Reinhardt, junior history major and chairman of College Republicans, did not have the same opinion.

"Delegate Cole obviously has firm command of the issues, he knows what he believes in and he knows how he's going to vote if he goes back to Richmond," said Reinhardt. "Kathleen O'Halloran seemed to copy and paste all of her views from the editorial section from the New York Times. It doesn't really seem she thought about the issues or formed her own opinions about it."

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Police Beat

By Mariah Young

Theft

A student's bike was reported stolen from Bushnell Hall's bike rack on Sept. 18 around 3:45 p.m. The case is pending.

Cash was stolen from the first floor of Russell Hall on Sept. 20 around 10:30 p.m. A petit larceny case is pending.

Public Intoxication

An underage student was arrested and given an administrative referral after being charged with public intoxication on Sept. 21 around 12:00 a.m.

On Sept. 21, around 2:30 a.m., a student, 21, was given an administrative referral for public intoxication on the fifth floor of Eagle Landing.

Drugs

A student was arrested and given an administrative referral for possession of marijuana on the fourth floor of Eagle Landing on Sept. 23, around 1:45 a.m., during a fire drill.

The information was compiled with assistance from UMW Police Manager James DeLoatch and Fredericksburg Police Department Public Information Officer Natalia Bledsoe.

The Bulletin will publish the names of students who are formally charged by the University of Mary Washington Campus Police or the Fredericksburg Police Department to have committed acts of extreme violence against members of the UMW community or pose a large threat to that community, when names are released to the public. The Bulletin will publish names and write articles about criminal acts on a case-by-case basis according to the aforementioned parameters.

Board of Visitors convenes to discuss UMW's overall standing, plans for future performance



The Board of Visitors (BOV) discussed issues ranging from the location of their retreat to additional grants for math and science departments at the university.

By COLEMAN HOPKINS

The University of Mary Washington Board of Visitors (BOV) convened at the Jepson Alumni Executive Center to discuss the future of academic and extra-curricular activities at UMW from Thursday evening through Saturday morning.

At the beginning of the weekend-long meeting, the BOV laid out the mantra "movement toward a process where we can improve."

Board members stressed they were not looking for "a report card, but looking at a process that would move us forward."

This idea of progressive thinking and success was discussed at length and established a theme of setting the school on a track of upward trajectory.

Some of the first matters of business included a vote on the Germanna property, the Southern Association of Colleges and Schools (SAC) re-accreditation and new approaches toward various academic related proce-

dures, such as changes toward accreditation in specific fields of study. The BOV ended up voting in favor of giving the Germanna property to the Germanna Foundation by an 8-3 margin.

"We have over fifty committees...for a university of this size, that's kind of bizarre," remarked special projects coordinator at the Events and Conferencing office, Erika Spivey. This struck a chord with many board members who agreed that some of the organizational procedures were "out of touch" with events at UMW.

Aside from problems such as organization and productivity, the BOV also had to allow for a portion of time to discuss future board-related activities.

The orientation of new board members was scheduled for Oct. 21 and 22, a potential resort location at UVA was considered and another report was scheduled for November at a date yet to be determined.

Everything from the

school's budget to the introduction of new majors was covered during the latter portions of the multi-day meeting.

Additional grants in science and math were presented, and the BOV also moved to adapt a named gift policy with regards to private donations.

The University pulled in \$8 million in revenue from fundraising alone ensuring the University to be able to provide more funds toward improvements in various programs.

Yet, this was actually less than last years figures, so the University is hoping for even better numbers to come.

To ensure no potential issues occur on homecoming weekend, UMW reached out to the Fredericksburg police department to better understand appropriate tailgating behavior and alcohol policies.

Noting the potential backlash the university could endure if something were to go amiss, President Richard Hurley

spoke: "We have to do it right or we won't be doing it again. The whole world is watching."

Issues seen in admissions were also brought up in discussions.

UMW fell below its desired number of international students this year: the aim for thirty was met with the gain of seven.

A lack of incoming graduate students was noted. The out-of-state applicant rate dropped to a measly six percent this year.

However, citing aggressive new campaign ads that will utilize public transportation, Internet ads and billboards and the BOV was confident it can turn these numbers around by putting interest in the university into the minds of anyone comes across the ads.

By and large, the BOV expressed optimism on UMW's ability to climb the ladder of public liberal arts colleges in the South, and they have full confidence that the University will continue its ascent towards regional and national excellence.

University AROTC program expands in collaboration with George Mason



Courtesy of University Relations

UMW AROTC expanded over the years, allowing for more students to choose military service after graduation.

By BRITTANY POLSON

In 2009, the University of Mary Washington partnered with the Army Reserve Officer Training Corps (AROTC) at George Mason University (GMU) to add a military science program. In the years since, the program continued to grow in popularity.

Maj. Paul Kremer, a military science professor at GMU, traces ROTC history back to 1916 with President Woodrow Wilson's signing of the National Defense Act of 1916. This Act brought federal control of military training and birthed ROTC programs throughout schools.

Maj. Kremer asserts that the ROTC's mission is to "...recruit young leaders for America. Develop those leaders.

Obtain them in our program for a series of years until they graduate. And then the ultimate goal of cadet command and ROTC, is to commission them as second lieutenants and young officers for the Army."

UMW's current AROTC courses are divided into two sequences.

The first sequence ranges from 100 to 200 level courses and does not require the individual to enter into a contract with the U.S. Army.

For students who take these courses without continuing onto the next sequence, the classes count as elective credits.

The second sequence ranges from 300 to 400 level courses and requires military service upon graduation in either an ac-

tive duty or reserve unit. Upon graduation, students are commissioned into the U.S. Army as a second lieutenant and are required to serve for four years.

While UMW's military science program continues to grow, it is not yet an independent program.

While SSG. Jasmine Everett heads up a number of the courses on UMW's campus, many of the courses offered through this concentration require students to drive to GMU's campus for instruction. GMU's facilities promote and allow the comprehensive training that the students need.

No prior service or ROTC experience is required to enter this expanding program.

Honorable Mentions:

The Success of the UMW Professional Community

The professional endeavors of the professors, administrators and faculty of the University of Mary Washington. Compiled from information provided in the UMW Newsletter, EagleEye.

Stephen Farnsworth,

professor of political science and director of the University of Mary Washington's Center for Leadership and Media Studies, gave a lecture at the Norwegian Washington Seminar in Washington D.C. entitled, "The State of American Politics: Obama Faces Syria, the Federal Budgets and Congress." Farnsworth co-authored two opinion columns, "Arabic Media's View of Obama," published in Politico, and "Fox News: Tougher on Obama than Hezbollah's TV news," published in the Daily Kos.

Surupa Gupta,

associate professor of political science and international affairs, presented her co-authored work on India's foreign policy at a seminar on "Foreign Policies of BRICS Countries" in Copenhagen, Denmark.

Rosalyn Cooperman,

associate professor of political science, traveled to Bordeaux, France to a present her paper, "The Elephant in the Room: Conservative Women's Groups and Republican Women Candidates in U.S. Congressional Elections, 2008-2012," at the 2013 European Consortium for Political Research General Conference.

Jason Sellers,

assistant professor of history and American studies, travelled to New Orleans, La. to present his paper, "Wee Drink One Water: River and Intercultural Relations in the Eighteenth-Century Mid-Atlantic," at the Ethnohistory Annual Meeting.

Janine S. Davis,

assistant professor of curriculum and instruction, co-presented at the Virginia Educational Research Association conference in Charlottesville, Va. on Sept. 20th with two recent graduates. The research studies are entitled, "Navigating Learning with Digital Natives."

This Week's Campus Briefing



A guide to the events at the University of Mary Washington and Fredericksburg Community.

The Underground:

EaglePalooza: The Underground is hosting a new event called EaglePalooza. The event will take place on Friday, Sept. 27 and will provide live band karaoke as entertainment for students. Sponsored by UPC and Giant Productions, EaglePalooza is a way for students to showcase their talents to their peers.

Monday Night Football: The New Orleans Saints host the Miami Dolphins in the Superdome on Sept. 30. The game will be shown in the Underground at 8:30 p.m.

Art Exhibitions:

A UMW faculty art exhibition is being shown in DuPont Hall Oct. 6. Works from some of the university's faculty will be on display for students and community members.

The University of Mary Washington is continuing its observation of Latino History Month by hosting the art exhibition "Converging Cultures: Works by Latino Artists." The showcase is held in the Ridderhof Martin Gallery through Oct. 6.

Viewpoints

Letters to the editor

Voting affects beyond the election

Every time an election is held, there is a constant barrage of "your vote counts" messages. It is repeatedly stressed the importance of every vote. It can even reach a point where the messages stop seeming like a promotion of civic duty and more like a desperate attempt to garner votes for a specific candidate.

Under all the campaigns and crusades to encourage voting, the fact remains the same: it is important, and every vote does count. Though it may sound cliché to hear how the youth vote is especially important, at the end of Election Day, it really is.

Most pleas to get young people to vote offer the typical statistics. They expound how one-fifth of the U.S. voter population are ages 18 to 29, and youth turnout in midterm elections tends to be half of that in presidential elections.

They present research from the Center for Information and Research on Civic Learning and Engagement, who reported last year that if Mitt Romney "won half the youth vote, or if young people had stayed home all together," in Florida, Ohio, Pennsylvania and Virginia, those 80 electoral votes would have changed the outcome of the 2012 presidential election.

The powerful impact of the youth vote, is obviously under-

stood (especially in the Commonwealth of Virginia), but what is even more important to consider is the impact of voting on the youth.

The number one reason voting is imperative is because, believe it or not, the elected representatives will directly affect you.



This point is no more apparent than in Virginia's gubernatorial race. Higher education is a major topic in each campaign, and the chosen governor will affect college life more than one may think.

The governor has a direct role in the Commonwealth's four-year public institutions. They appoint and oversee the Board of Visitors at institutions, as well as implement and regulate education policy and tuition assistance programs.

According to the Washington Post, Republican candidate Ken Cuccinelli's plan for higher education includes increased focus on science, technology, engineering and math (STEM) curricula and "tying up to 10 percent of state general fund support for colleges and universities to per-

formance benchmarks, such as the number of STEM degrees conferred, in-state enrollment growth, managerial efficiency and graduation rates."

Democratic candidate Terry McAuliffe argued against Cuccinelli's tax reform, a plan that would include cutting \$1.4 billion of state revenue and block proposed Medicaid expansion.

The new health care reform will put the cost of Medicaid expansion on the federal government for the first three years, according to the Washington Post. McAuliffe stated expansion will create "more demand for cutting-edge health care research, and because it will result in general fund savings, we will have the ability to invest in some of the priorities...like financial aid."

The gubernatorial election will result in policy that directly affects students' curriculum and tuition assistance in Virginia's higher education.

The vital importance of each citizen's vote is pontificated time and time again, but, while it is a true argument, one should understand that their vote means a great deal to their future. If you do not want to vote because you believe your vote does not matter, than vote simply for that fact that your education does.

Honor alive and well on campus.

To the Editors,

In the Sept. 12th, edition of the Bullet, Adam Stergis obliquely endorsed cheating, claiming, "With the stakes so high on a class that is potentially irrelevant to a student's interest, the option of cheating may seem appealing." He goes on to argue that "the future" is "looming," and "the incentive to cheat and get good grades proves to be all too tempting for many." This view fundamentally misunderstands the value of a liberal arts education and draws false conclusions about the importance of academic integrity. While I certainly sympathize with the pressure he feels, I would argue that justifying cheating as a response to life's challenges is both morally wrong and self-injurious.

Cheating in college is counterproductive to future success. Having good grades without learning might help get a first job, but it will not help keep it. Employers will quickly discover that their new hire does not write as well, does not work as hard and cannot think as critically as his or her record would indicate. A college education, not a college diploma is what employers require. In a recent survey of employers by Chronicle of Higher Education, employers reported that the key factors in workplace success were good written and oral communication along with critical thinking ability. These skills are exactly the sorts of things that students

develop as a result of working hard in a broad liberal arts curriculum like ours at the University of Mary Washington. They are also exactly the skills that are short-changed by cheating.

Cheating is not only counterproductive, but it also really does harm others. Cheaters undermine the trust we cherish between students and faculty, and their artificially high grades obscure the hard work of those who operate with integrity. Cheaters may finagle jobs or internships they do not deserve. If someone cutting in front of you in a long line frustrates you, imagine how you would feel if that line were for a good job. That is what cheaters do.

UMW is a special place. Our honor code is not just a ceremony and a concert at the beginning of the school year. We talk about it frequently, we train students and faculty on points of integrity and we trust one another. Professors even leave their room during exams. I greatly appreciate Mr. Stergis' contribution to the dialogue. Judging by the emotional responses of students with whom I have spoken, his editorial has sparked much discussion of integrity and the liberal arts. That discussion gives us all the chance to appreciate anew the extraordinary opportunity we have at UMW to learn and grow in a community of trust and respect.

David Rettinger is executive director of the Center for Honor, Leadership & Service

Relay for Life kicks off in coming weeks.

On Monday, Sept. 30, Relay for Life at the University of Mary Washington is hosting a miniature event in the Great Hall from 6 to 8 p.m. to kick off their fundraising efforts for the 2014 Relay for Life in April.

If you have never heard of Relay for Life, Monday will be an excellent opportunity for you to find out what it's all about.

The event is the American Cancer Society's largest fundraiser, and each year over four million people in more than 20 countries gather to fight back against a disease that has taken too much from too many.

This will be UMW's fifth year Relaying, and, if you ask any past participant, it is definitely something you will want to get involved in. Besides showing your support by walking the track all night with your friends, Relay for Life events are planned with non-stop hour by hour entertainment.

They are stirring, emotional, heartwarming and endlessly fun and Monday night's Mini-Relay will showcase just what is in store this Relay season.

As you enter the Great Hall, perhaps after getting a sandwich from the Nest, you will be greeted by friendly faces at the registration tables, where you can sign up at a discounted price.

The Mini-Relay is the last day that interested participants can register for 50 percent off, cutting the usual \$10 donation down to \$5, a \$5 that will go directly to the American Cancer Society to help save lives.

From there, you can stop by the entertainment table and join in on a scavenger hunt.

Prizes will be awarded for the winners, and in the process of trying to beat out your friends in a little healthy competition, you can learn all about the different aspects of Relay for Life and meet the people who will be working behind the scenes all year long to host exciting fundraising events for the Mary Washington community.

The Mini-Relay will also feature free Vocelli's pizza, several interactive activities, a mock campsite and some great Relay giveaways. Bring your friends and get involved with this great cause right here on campus. You will not regret it.

Catie LeBouton is a junior at UMW

ward of 38,000 results, with a large portion featuring failed attempts.

With this in mind, it may be valid to say that, while "cow tipping" is invariably unsuccessful, "cow pushing" still retains some popularity.

While cow tipping may initially seem like a blatant case of animal abuse, the simple fact is that the attempted cow tipplers are far more likely to incur injury for themselves rather than the animal.

For this reason, and the lack of ethicality if one were miraculously successful in their efforts, attempts at cow tipping should be avoided and discouraged.

Cows persist as the primary source of dairy, leather and indeed as sacred figures within the Hindu faith. They are just not going to tip over.

Cow tipping debunked: more injury to tipper

By KYLE PHALEN

The laws of physics have long been the bane of urban legends and science fiction. The revelation that sound cannot travel in space cemented much of science fiction as, well, "fiction."

The law of momentum conservation made suspension of disbelief a requisite for the majority of martial arts films. However, the latest victim of scientific scrutiny is unlikely to hinder your enjoyment of the next season of "The Walking Dead" or a series of "Star Wars." It may,

however, limit your options for intoxicated weekend activities in a rural area.

I speak, of course, of the fabled activity known as cow tipping. The purported activity needs little description beyond its name. It refers to the simple act of tipping cows over for recreational purposes.

Despite an absence of recorded evidence, the mythology of cow tipping persists through anecdotal accounts and a not so insignificant presence in media; in the 1980's and 90's, comedies such as "Heathers," "Tommy Boy," and an episode of "Beavis and But-

thead" portrayed the act. Even "Grand Theft Auto V," with all of its aspirations for realism, included the option to push cows over.

There exist some theoretical capacities in which cow tipping could occur; a 2005 study from the University of British Columbia stated that several people could exert sufficient force to tip a stagnant cow on its side.

However, this hinges on the assumption that cows sleep standing up; a false assumption.

Unlike horses, cows have never been known to sleep while standing up, as any farmer will attest to.

Additionally, as stated in a recent article on modernfarmer.com, cows have a natural protective instinct, in addition to keenly developed senses of smell and sound. In the face of aggression from unfamiliar figures, they are highly unlikely to remain docile and stagnant.

There do exist situations in which farmers need to get a cow on their side, and, for this, a process called "cow casting" is utilized.

The practice consists of tying a rope around multiple parts of a cow's body and pulling it, prompting the cow to lie down. It is a fairly complicated process that would be unlikely to exist if cow tipping was a legitimate practice.

However, the implausibility of success does not mean that cow tipping is never attempted.

A Youtube search for "cow tipping" returns up-



Courtesy of Flickr

The practice of cow tipping has been referenced in pop culture throughout the ages, yet it turns out it is not scientifically possible.

The Bullet
Serving the University of Mary Washington
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We will not publish anonymous submissions. Letters must include a phone number and address for purposes of verification. They can be mailed to the Bullet at 1701 College Ave., Fredericksburg, VA, 22401-4666, delivered to our office in the Apartments Clubhouse or sent to our email at umwbullet@gmail.com

Opinions expressed in columns or letters to the editor do not necessarily reflect the views of the staff. Contact the Bullet at 540-654-1133.

Viewpoints

Whistle-blowers are wrongly viewed as public heroes

By KYLE PHALEN

As the states fervently sought freedom from the British Empire, Benjamin Franklin wrote "Those who give up essential liberty to obtain a little temporary safety deserve neither liberty nor safety."

Even if one is not familiar with this quote, or some variation thereof on one's preferred social networking website, its sentiment has echoed far and wide.

This is most clearly seen in reactions to the cases of Julian Assange, Chelsea Manning and Edward Snowden.

Indeed, no figures typify the fight against sacrificing liberty for the sake of freedom as much as these three people. As common as railing against authoritarian practices via blogs or alternative news outlets is now, each of these people has put their safety and well-being at risk to expose what they considered to be unfairly clandestine or voyeuristic practices of the U.S. government.

Facebook is abuzz with pages such as "Save Bradley Manning" and "Edward Snowden is a hero." Countless headlines from major publications echoed these sentiments.

All three figures gained the support of politicians and commentators as diverse as Ron Paul, Noam Chomsky and Slavoj Žižek.

The cultural consensus seems clear: full transparency is to be valued, and those who bring us closer to this prospect are fully deserving of honor and a heroic status.

However, the simple reality is that actions reap consequences.

I speak not of the consequences they faced for their actions, displacement in the case of Snowden, and imprisonment in the case of Manning, but rather of repercussions far beyond

their control.

The altruism and courageousness of these people's actions are irrelevant to these potential consequences, and branding them as "heroes" is reductionist to the issues at large.

As with any polarizing issue, there are shades of grey, and levelheadedness is a virtue.

It is important to realize the distinction between what was exposed by each person as well. The information revealed by Assange and Manning is largely similar, albeit on different scales.

Assange's founding of and ongoing activity with Wikileaks exposed of classified documents, ranging from emails from Syrian political figures to assessments of Guantanamo Bay.

The scope of Manning's leaked documents was much narrower, but most notably included video of U.S. army helicopter shooting at a group of people that included journalists from Reuters, as well as disclosures of civilian deaths in Iraq, which were larger than previously reported.

A 2010 leak by Assange pertaining to Afghan War documents and the reports of civilian deaths and Taliban attacks therein provided the names of Afghan informants, according to the Washington Post.

For obvious reasons, this fostered suspicion that their safeties, or indeed, their lives, were compromised by this information.

Thankfully, by October of the same year, the Pentagon declared there was not a "single case" of any Afghans needing additional safety or protection, but the fact remains that identities were compromised and people were put into potential danger. No deaths are connected to the information released by Manning, but a similar threat



Courtesy of Flickr

Many people protest for the release and rights of whistle-blowers, such as Manning, believing they are heroes to the public.

was faced.

Over 900 Afghani names were leaked.

According to The Guardian, many of these people were dead by the time documents were leaked and others had their names mistranslated, but the threat remained for a portion of those 900.

Gen. Robert Carr, a witness in the case, attested to the lack of deaths of anyone named in the papers, but still maintained the potential for danger they faced.

By contrast, Snowden leaked information about the existence of the mass surveillance system

PRISM and computer system XKeyscore.

Since the nature of what he exposed is so fundamentally different from Manning and much of Wikileaks, it is easy to think the only implications of his actions were a flustered National Security Agency and a newly informed American populace.

However, Snowden's actions could put lives at risk in a more tangential sense, due to security being undermined, as noted by British Security Minister James Brokenshire.

Furthermore, the absence of an immediate threat to someone's life does not mean that Snowden's actions were with-

out potential consequence.

According to BBC News, Brazilian president Dilma Rousseff called off a trip to the U.S. over allegations of the NSA spying on her communication, something that could strike a serious blow to U.S.-Brazil relations.

Similarly, U.S. News and World Reports reported that European parliament is "outraged" over Snowden's revelations, something that could pose very real threats to trade negotiation.

Thankfully, as it stands, it seems that no deaths can be immediately traced to any of the documents leaked, and the potentially negative implications

on U.S. foreign relations still remain largely hypothetical.

However, it is important to realize that we are in the infancy of what could be deemed the "Whistle-blower Generation."

With Wikileaks just being active for six years at this point, and Snowden's leaks only coming to light several months ago, the notion of leaked documents having more dire consequences in the future is not a major stretch.

As much as we can agree that transparency is to be valued, we should agree that innocent people should not be put into danger simply as a means to an end.

Republican party lacks logic on food stamp legislation

By RYAN QUINT

The Republican Party started off with good intentions: a platform for old-fashioned Whigs to abandon a sinking party and join forces for a common goal of abolishing slavery.

With that accomplished, Republicans became the freedmen's champion, pushing for the downtrodden and their rights.

But when they morphed into the party of big business, they became the supporters of Citizens United, and forgot their base.

Let us forget Obamacare for a moment, set aside the Syrian crisis, and look at the recent Republican initiative to eliminate billions from food stamps.

In a 217-210 vote, the Republican-controlled House passed legislation that would eliminate \$39 billion over the next 10 years from the Supplemental Nutrition Assistance

Program (SNAP).

SNAP is the food stamp assistance that, according to a Washington Post article, 47 million Americans rely on.

Marlin Stutzman (R-IN), told the New York Times, "This bill eliminates loopholes, ensures work requirements and puts us on a fiscally responsible path."

In the real world, we measure success by results.

It is time for Washington to measure success by how many families are lifted out of poverty and helped back on their feet, not by how much Washington bureaucrats spend year after year."

That is all fine and dandy until one looks at the statistics of those who actually get SNAP benefits.

A recent Forbes article broke it down as follows: of the 47 million aforementioned Americans, 48.7 percent of them are children. Unless Stutzman and



Courtesy of Flickr

Food stamps is provided for those in need by the government, and are essential to the well-being of many American people.

others of his cloth would like to revoke some child's labor laws,

I am not entirely sure how children are supposed to measure

their own success.

Furthering the figures from Forbes: eight percent are elderly, nearly 20 percent are disabled and almost 24 percent are the non-disabled adults that Republicans seem to want to pull out of poverty and help back onto their feet.

Except rather than create a sense of dependency, SNAP already has precautions in place.

Of those 24 percent, they are only eligible for three months out of every three years, and only as long as they are working 20 or more hours a week.

That is 20 hours short of a fulltime position at 40 hours a week, but discussing hours of working also brings up another social issue that Republicans are trying to stonewall: the minimum wage.

Recently, the state of California addressed concerns of minimum wage, and, as outlined

in a Wall Street Journal article, hoped to raise the minimum wage to \$10 by 2016.

On that note, however, there are Republicans trying to shut down the whole affair, even while they are trying to shut down the government as well.

Bob Huff, Republican leader of the California State Senate, is quoted in that same Wall Street Journal article regarding the raising of minimum wage, "It is a feel good thing—people want the lowest earners to make more money, but it actually accomplishes just the opposite..."

To recap, Republicans want to cut food aid to 47 million Americans, almost half of them being children, but they also want to limit the prospects of an employee getting better wages in order to lift themselves from poverty.

That is not a very good hand to be dealt.



Courtesy of Flickr

In its origin The Republican party did not follow the same ideals that it is equated with in today's political climate.

Style

5K run unites students, families and staff for good cause



Courtesy of Mark Blackwell

Students, families and staff members gathered on Sept. 21 to participate in the third annual UMW 5K run. Donations and proceeds from the run went toward African countries fighting malaria.

By WILLIAM HURLEY

On Sept. 21, the University of Mary Washington hosted its ninth annual 5K run. Organized by Mark Blackwell, an economics graduate of UMW in 1988, the event was sponsored by the basketball program's Coach Wood.

The event was held, in part, to draw attention to the university's highly successful basket-

ball program, as well as to raise money for the "Nothing but Nets" cause, which uses donations to purchase mosquito nets for African countries suffering from the malaria epidemic.

The race also accepted shoes and running equipment, used or new, to send to those unable to afford proper footwear. Donations are optional, but many students assisted with relief aid, such as in 2012 when over one hundred

pairs of shoes were collected.

According to Blackwell, the event typically hosts between one and two hundred participants comprised of students and their families, professors and local running enthusiasts. Almost one hundred and fifty runners turned out for the 2013 5K, thanks to the school and social media advertisements.

This year, the runners included many family members who

visited the university for Family Weekend. Families were able to participate in the run for \$15.

Dave Moeslein, a senior business major, attended the run for his second time with both his mother and brother. According to Moeslein, he enjoyed the race due to the relaxed nature of the crowd, as most runners present simply wanted to spend time with family while raising money for a good cause,

rather than view the event as a fiercely competitive race.

"We're looking for maybe a ten-minute-mile pace," Moeslein said. "I'm guessing we'll do a little walking in between jogging."

However, there were a few runners who saw the 5K as an opportunity to train for future races, such as previous winner Zach Whalen, professor of English. Whalen attended this event

several times before, including 2010, when he secured a first place victory over one hundred other professors and students.

"[The marathon] is a good way to get back into running form, and I feel confident about this race," Whalen said.

The UMW 5K Run has become a tradition at the university, strongly supported by the administration and associated as a part of Family Weekend.

"The Miss Firecracker Contest" cast lights up the stage



Courtesy of Jon Reynolds

Junior Kathryn Gigantiello amuses the crowd with her sweet southern accent as Carnelle Scott.

Artists brighten downtown

By AMANDA MOTLEY

People lined the streets of downtown Fredericksburg this past weekend as artists of all ages took their art to the streets. The looming possibility of rain could not stop Via Colori, the third Annual Street Chalk Festival. Nothing could dampen the spirits of the participating artists who came from all over.

Tourists and University of Mary Washington families alike were drawn to the artists, vendors and bands performing. Members of the community sponsored each of the sections of sidewalk available to be drawn in. Local sponsors included the Free Lance-Star, Spotsylvania Medical Center and the Fredericksburg Area Museum and Cultural Center.

Among the participants were

students from UMW's Design Principles class. Ten students worked in shifts of two hours each to complete a chalk drawing based on a photograph taken by a student that displayed a Monet painting in the foreground.

"We took a modern picture and imposed it on a historical painting to add more color," said Jon McMillan, assistant professor of ceramics. McMillan assisted the class in the production of the piece, which took two days to complete.

"We had a wonderful set of Mary Washington artists and volunteers this year," said Mary Garrett, the Fredericksburg Area Museum and Cultural Center's visitor center manager. "We always have great experiences with students from the university"

Despite the Saturday after-

noon rain, most of the pieces were completed. The artists involved worked tirelessly over the two days, even the participants who were as young as three years.

Each year, the proceeds from the festival benefit a non-profit organization in the community. This year, the festival benefitted the Fredericksburg Area Museum & Cultural Center. All proceeds went to further the Museum's mission and programming.

"I really think Via Colori is cool because more and more people are getting involved," McMillan said. "I get my students involved because it is a great way to bridge the gap between the community and the University. The students get a lot out of it and it fits into the service learning of Mary Washington."

By MORGAN WITTER

"The Miss Firecracker Contest" opened in Klein Theatre on Thursday, Sept. 12 to a chorus of oohs and aahs: One would think the show installed its own laugh track given the receptive glee of its audience.

The first mainstage production of the year, "The Miss Firecracker Contest" featured a six person cast and a small tech crew, and everyone involved in the production played their parts to perfection.

Audience members' knowledge of the play upon entering ranged from absolutely nothing to a detailed account of the plot.

Sophomore Kevin Tertocha guessed that Firecracker would feature "a southern beauty pageant on the Fourth of July." Junior David Denyer confirmed just that. "The show is about the first integrated pageant," Denyer explained. "Which, of course, means a lot of big hair."

None of the audience expected the performances they saw. With quirky characters and perfected Southern accents, Firecracker's stars utterly wowed.

Senior theatre major Kathryn Gigantiello shined as the show's Firecracker hopeful, Carnelle Scott. Gigantiello's character was vain and flighty, yet surprisingly sympathetic with her true to life insecurities.

Carnelle, whose lack of

self-confidence earned her the reputation of promiscuous "Miss Hot Tomale," hoped that, by winning the Miss Firecracker contest, she could be rid of her past and prove herself to her peers.

Gigantiello's sugary sweet accent, feigned obliviousness and underlying guilelessness not only suited the character, but won over every member of the audience.

Emily Burke, a junior theatre major, sashayed on and off stage, embodying Elaine Rutledge, Carnelle's cousin, and a former Miss Firecracker who retained her beauty, poise and burning desire for attention.

Junior Kat Zeringue and junior Christian Morrow surprised the audience in Act Two as Tessy Mahoney and Mac Sam, respectively. Tessy featured big hair, while Mac Sam chain smoked his way into the hearts of the audience.

Popeye and Delmount, however, stole the show. Played by sophomore Claire Winkler and Stephen Nickens, the pair elicited laughter with every line and had the audience roaring whenever they were onstage together.

Popeye, Carnelle's socially maladjusted seamstress, instantly falls in love with Delmount, Elaine's brother with a "checkered past."

Delmount, newly released from his institutionalization,

is put off by Popeye's quirky nature, grimacing his way through her tangents about clothing frogs and her demands to wiggle his ears.

How these interactions ultimately lead to love may baffle some, but no one can deny that the strange couple was a good fit.

Nickens, a transfer student, was familiar with the show, having managed props for a performance of it at his previous school. Now playing one of the leads, Nickens emphasized the part of Delmount he liked the most: his rudeness.

Adding "temper tantrums" and "eye-rolling" to Delmount's repertoire endeared himself to everyone.

Winkler, meanwhile, happy to play a "genuine and funny" character, worked especially on her "comedic timing." Her work paid off. Every exaggerated detail added to her speech, and her actions resulted in laughter.

Both actors agreed that the best part of the show process was bonding with the cast and crew. Deep friendships were formed among the troupe during long, late-night rehearsal in preparation for Thursday's opening.

Audiences will walk away joyfully from "The Miss Firecracker Contest," a character-driven comedy full of laughter and feeling. The dedication of its cast and crew is evident in its entertaining execution.



Amanda Motley/Bullet

Student artists from the University of Mary Washington worked on an original chalk portrait.

Do you have style?

Write for the Style section!

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Style

“The Family” is full of dark humor and family values

By SARAH DEFFENBAUGH

Imagine Pixar Animation Studio's “The Incredibles” combined with your favorite mobster movie. The result is Luc Besson's recently released, “The Family.”

“The Family” is a delightfully dark comedy with an impressive cast featuring Robert De Niro, Michelle Pfeiffer, Tommy Lee Jones and Dianna Agron.

The movie is told from Giovanni Manzoni's (De Niro) point of view as he chronicles his life via an old typewriter. The movie begins with the relocation of Giovanni and his family to a small sleepy village in Normandy, France. After ratting out his fellow mobsters, Giovanni was placed in the witness protection agency.

While in France, the entire family faces a multitude of problems, including a lack of peanut butter, ancient plumbing,

too much cream, creepy locals and presence of the Mafia itself.

Each member of the Manzoni family attempts to exercise their violent mobster urges in different ways.

The patriarch, Giovanni, employs his own unique brand of justice, which involves a baseball bat, a sledgehammer and a trip to the hospital for those who were deemed to “deserve” it. The audience sees Giovanni's justice taken out on crook plumbers and fertilizer plant executives as well.

While the mother (Pfeiffer) makes daily visits to church to pray for her family, she also displays a quick temper and a penchant for blowing up local super markets that disrespect her.

Using their mobster lineage as inspiration, the children, Belle (Agron) and Warren (John D'Leo) navigate their way through high school in a non-traditional manner.

17 year-old Belle deals with unwanted advances by repeatedly smashing a tennis racket into her assailant's face, while her 14 year-old brother, Warren, uses bribery, bullying and blackmail to ensure his protection and power amongst his peers.

“The Family” sports witty dialogue, action packed sequences and impressive performances from the whole cast, particularly De Niro and Pfeiffer, who seem to thoroughly enjoy their roles. However, there are plot lines that disrupt the pace and flow of the overall movie and keep the film from being great, instead, it is just good.

“The Family” is filled with blood, obscenity and an oddly endearing portrayal of the importance of family values.

Although the film has its fair share slow moments, it offers enough off-kilter dark charm and cheerfully violent humor to make it a movie worth seeing.



Courtesy of Youtube

Robert De Niro stars as Giovanni Manzoni, a former mobster who relocates to northern France.

Ugg boots and shorts: not acceptable



Courtesy of Flickr

Wearing Ugg boots with shorts or dresses is a fashion do not.

By PEYTON SPIVEY

Last week, I instructed men on the improper wear

of cargo shorts. This week, it is time to address the ladies about a different fashion faux pas: Uggs and shorts.

As it is 2013, I did not think I would ever see this outfit in public again, but as I strolled through campus this past week, what to my wondering eyes should appear but several female UMW students sporting the combination.

My first thought was “no.” This was also my second thought. My following thoughts were “why,” “stop” and “let me help you.” The trendiness and acceptability of such an outfit may be enticing, and we all make fashion mistakes, especially in college, but this is one fashion faux pas that is too easily

If it is warm enough for you to wear shorts, it is not cold enough to warrant Ugg boots.

remedied. Ladies (and gentlemen, if that is your style), when you are getting ready for class in the morning and find yourself sporting Uggs and shorts, perhaps try selecting some more reasonable footwear. If it is warm enough for you

to wear shorts, it is not cold enough to warrant Ugg boots. However, when winter comes to Fred Vegas and your tootsies need to be kept toasty, by all means pull out the boots.

I own a pair, and I love them, as they are the ultimate in shoe engineering for both comfort and

warmth.

Now, if you are thinking, “but Uggs look okay with panty hose and shorts or a dress in the winter,” stop. No it does not. Buy some leather boots and thick socks and deal with it. This is Fred-

ericks-burg, not Winterfell. You will be okay for the average 20 minutes you have to be outside between classes before you can go nap, I promise.

Just remember this: Ugg boots are great, and shorts are great, but never shall the two meet. Ever. I mean it.

Staff Picks:

Our favorite movies this week

“27 Dresses” (2008)

“Flubber” (1997)

“The Way, Way Back” (2013)

“Silver Linings Playbook” (2012)

“Pride and Prejudice” (2005)

“Elizabethtown” (2003)

“Moonstruck” (1987)

“Lilo & Stitch” (2002)

“Breakfast at Tiffany’s” (1961)

Pick of the week

“The Awakening” (2011)

The Awakening is an unexpectedly riveting pre-Halloween scare. The BBC film features Rebecca Hall as Florence Cathcart, a hoax expositor in 1921 England who ends up at boys' boarding school to explore the mystery of a ghost. Florence finds herself in an empty boarding school with only little Tom Hill, played by Isaac Hempstead Wright, of Game of Thrones fame, the groundskeeper

(Joseph Mawle), the school housekeeper (Imelda Staunton) and Professor Robert Mallory (Dominic West). As the mystery unravels, Florence learns things about herself she never knew, or chose to forget, and grasps for the answer to the mystery. This Netflix pick thrills viewers with terrifying run-ins with shotguns, creepy dolls and an angry child ghost that leaves viewers questioning everything about Florence's past as much as she does.

Timberlake to release “The 20/20 Experience: 2 of 2”

By HOPE RACINE

Justin Timberlake is gearing up to strike gold again with his Sept. 30 release of “The 20/20 Experience: 2 of 2.” Promoted as the companion piece to Timberlake's March album “The 20/20 Experience,” “2 of 2” will be Timberlake's fourth album, and his second released in 2013.

Timberlake already released two singles from the album: “Take Back the Night,” which was released in July, and “TKO,” which was released on Sept. 20.

Coming off a seven-year hiatus, “The 20/20 Experience” marked Timberlake's return to music after the huge success of his last album, “FutureSex/LoveSounds.”

“The 20/20 Experience” featured two hit singles, “Mirrors” and “Suit & Tie,” featuring Jay Z. The music video for “Mirrors” went on to win the 2013 MTV Music Video Awards Video of the Year. The same night saw Timberlake win the Michael Jackson Vanguard Video Award, as well as a long anticipated “NSYNC reunion.

Timberlake, while never far from the public eye, came

back with a tremendous splash. Every Tuesday in September, Timberlake appeared on “Late Night With Jimmy Fallon” for “Timberlake Tuesdays.”

Fans of Timberlake are excited for the dual album release, as it dispels fears that the triple threat singer, dancer and actor would be lost to the world of film.

After releasing several movies during his hiatus, some fans thought the singer would never make a return to pop music. Yet, the dual releases, paired with the upcoming global tour beginning at the end of October shows that Timberlake is back, at least for now.

“After being gone for seven years, I think the two-part album release is a strong comeback,” said junior international affairs major Ally Thames.

“I loved the first [album] and the anticipation of the second one just heightens the excitement.”

Some fans may wonder if two albums in one year is excessive, but some wonder if perhaps this is the future of music.

“Two albums aren't starting to become so uncommon in America. In the past, Nelly

released two albums in a year, and Green Day released three,” said junior political science major Samantha Litchford. “It's how the process is slowly becoming. I think music will continue to head in that direction.”

With tremendous support for part one behind him, Timberlake fans are eagerly awaiting “2 of 2.”

The album, which has been streaming live on iTunes for the full week before its release, is not simply an addendum to its predecessor, but a perfectly matched companion.

While “The 20/20 Experience” is a smooth mix of classic R&B soul, pop and jazz, “2 of 2” hits harder.

“This is a new experience,” claims the promotional video released for “2 of 2.” The songs are punchier, exploring darker themes than Timberlake previously touched on. Typically a supplier of light, poppy tunes, Timberlake explores edgier themes on “2 of 2” without the smoothness of previous albums. Songs such as “Murder” feature Jay Z inexplicably rapping about Yoko Ono while Timberlake croons



Courtesy of Youtube

Timberlake busts out the dance moves in his music video for his song “Take Back the Night.”

to synthesizers and a brass section, further distancing himself from the curly haired boy band

member the world first met. “Timberlake is Timberlake,” Litchford

said. “Anything he does, the people are going to love it whether they want to or not.



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Campus Center construction takes off with groundbreaking event



SGA President Stephanie Preston (left), UMW President Richard Hurley (center) and Fredericksburg Mayor Mary Katherine Greenlaw (right) spoke on the future benefits of the new Campus Center for the university and Fredericksburg.

• **CAMPUS CENTER, 1** ability to act as another link to the community of Fredericksburg because it will provide students another way to engage with the community.

Pamela White, rector of the UMW Board of Visitors (BOV), called the new center a "cam-

pus living room" with an outside look that will mirror the rest of the buildings on campus and a 21st century appearance on the inside. White mentioned that the center will "create and enhance community space."

President Hurley thanked the BOV and the students, as well as

the College of Business and psychology department, which both relocated due to the demolition of Chandler Hall. Afterwards, Hurley and other distinguished guests took hold of shovels and scooped the dirt laid out on Ball Circle to symbolize the beginning of the construction.

The 104,000 square foot building will serve host to the James Farmer Multicultural Center, the Center for Honor, Leadership, and Service and will be the main student dining hall, while also providing a ballroom and space for students to gather.

"I'm looking forward to hav-

ing new places to eat and chill with my friends," said freshman Peyton Wilson. "I'm excited to see all the growth UMW is undergoing, and the bright future of our school and community."

In addition to the Campus Center, construction on the new Information and Technology

Convergence Center is well underway and is expected to be completed by March 2014.

"It will grow all of our efforts, engagement and resources," said Preston. "Everything the students need as of right now will be met by the time these two buildings are completed."

International week encourages study abroad



Many students at the university decide to study abroad with the various programs offered by the Center for International Education at UMW.

By **CATE STACKHOUSE**

The University of Mary Washington's Center for International Education (CIE) held its second annual International Education Week, featuring different events to promote studying abroad.

On Monday, Sept. 16, CIE and campus dining joined together to host a "Global Café" in Seacobeck Dining Hall.

Students were able to enjoy international cuisine in the Faculty Dining Room, and students ate at nation-themed tables that were hosted by UMW students who had studied abroad in those countries.

This allowed students to hear about and get a feel for what study abroad experience is like.

"Global Café was the highlight of the week," said Jose Sainz, director of the center for international education. "There were over 200 students in attendance."

On Tuesday and Wednesday, CIE offered students the chance to attend Study Abroad

101, an information session, where students were informed on the process for applying to do a study abroad program, as well as about the different study abroad programs offered through the university.

"The information they gave was super helpful," said freshman Lauren Clipper. "I plan to study abroad in Australia at some point."

Students were told of semester programs and year-long programs, as well as faculty-led programs and summer programs.

Students were also informed of when they can start studying abroad, and how to choose the best time to study abroad that will work with their major and allow them to graduate on time.

CIE informed students about the minimum requirements students need to meet to be able to study abroad and how transferring credits from studying abroad works.

Students attending were given a check sheet to help them figure out specifics such as when to study abroad,



Courtesy of Laura Adams

costs, transferring credits and even how to convince their parents that it is affordable.

"There was an increased number of students coming through the office," said Sainz. "There was more interest in studying abroad shown by students this week than previous weeks."

On Thursday, Sept. 19, students were able to go to the CIE offices in Lee Hall to meet with a United States Passport Agency Representative.

Students were able to renew an old passport or apply for a passport for the first time. CIE also offered coupons to students for discounts on passport photos at CVS.

CIE and the University Programming Council hosted an international trivia night at the Underground on Thursday night.

Students answered international-themed trivia questions to win prizes and EagleOne money.

Students also entered into a drawing to win one of two Study Abroad scholarships from CIE, each of \$300.

On Friday, Sept. 20, a

Peace Corps info session took place, and students were able to meet with a Peace Corps Representative on campus.

On Friday night, there was a free international dinner at the Center for Faith & Leadership.

The Study Abroad Fair took place on Saturday, Sept. 20, in Lee Hall 411. Students could visit booths set up in four different rooms to learn about programs offered.

There were representatives from programs that worked with UMW, as well as past study abroad students that to students interested in going on the same programs or to the same place.

"Study Abroad adds an important cultural element to education," said Sainz.

The Study Abroad Fair offered pamphlets for students to learn about different programs that UMW works with, as well as faculty-led programs.

Students were also given information about costs and requirements of each program.

Mindfulness promotes well-being on campus

By **JESSICA SPENCER**

The Week of Mindfulness begins at the University of Mary Washington on Monday Sept. 30. Mindfulness is defined as non-judging awareness of the present moment by UMW newsletter EagleEye. It is noted to be beneficial in recognizing and resolving habitual patterns in managing stress and improving performance, both academic and athletic.

"I think mindfulness is taking yourself and others into consideration when saying or doing something," said Fatemeh Ahmadi,

an international student from Afghanistan majoring in economics.

"I think everyone has their own definition of what being mindful means, but to me mindfulness is more like meditation; being able to stop and take a look at things."

- Taylor Durning

Depending on who you ask, the definition of mindfulness varies.

"I think everyone has their own definition of what being mindful means, but to me mindfulness is more like meditation; being able to stop and take a look at things, which is hard to do with school," said Taylor Durning, senior linguistics major. "It's good to get a new perspective that way, but it takes practice, which I don't think a lot of people understand."

The Week of Mindfulness will consist of events to help students learn and practice with one another. On Sept. 30 there is an Introduction to Mindfulness lesson to help and describe different meanings. Tuesday, Oct. 1 will include a guided meditation practice for students and Mindfulness and Personal Performance, which is a lesson on how mindfulness can affect you and your personal performance.

On Wednesday, Oct. 2 there will be a lesson on mindful

eating, as well as a showing of the documentary "Once Dumb, Twice Crazy, Third Time Wise: A Tale of Buddhist Pilgrimage." There will also be a keynote address by Hugh Byrne, a teacher of mindfulness. Byrne's speech is entitled "Mindfulness and Stress Management-The Practice and the Science."

Thursday, Oct 3 will consist of another guided meditation, as well as a showing of the film "Lifeless." The day will also include Mindfulness and the Brain, a lecture on how mindfulness can change your outlook

on things. The last event will be Tai Chi Practice. "I'm personally interested, but I think it would

be good to add things that would just appeal more generally," said Durning. Some students believe that the week is effective in theory but will only apply to those who are already interested.

"I think the activities are appealing, but the students who want to go and learn more will end up being the ones that go," said Ahmadi. "The people I have encountered aren't rude, they're respectful; the other international students are very mindful. The people I encounter are very mindful because of my different culture."

Durning believes that being mindful is a benefit of attending a small university.

"In general most people are pretty good compared to those of larger universities. As a community there are good opportunities to stop and take a break, but not as many people take advantage of these opportunities as they should," said Durning.

Students provided with convenient voting resource, TurboVote

By **CAMILLE TURNER**

A new resource for students to easily register to vote, called TurboVote, was recently implemented at the University of Mary Washington. The website can be accessed from the university's web page and EagleNet.

After filling out information on the website, the organization sends people voter registration or absentee forms in the mail. The website also offers the option of receiving election reminders through text messaging or email.

The UMW Legislative Action Committee (LAC) and UMW Student Government Association (SGA) worked together to bring TurboVote to UMW.

According to SGA President Stephanie Preston, senior history major at UMW, Virginia21, a nonprofit organization that focuses on higher

education in Virginia, is sponsoring TurboVote at UMW.

Preston said Virginia21 helped make TurboVote free for UMW.

"The school did not pay for this at all. It's free for us to use here on campus, and it's not coming out of anyone's wallet," said Preston.

According to Preston, implementing TurboVote at universities is a statewide initiative. Many Virginia institutions are in the process of bringing the registration tool to their students, she said.

"A lot of students have to go out of their way to get an absentee ballot or go home in order to vote," said Preston. "With TurboVote, you can essentially register to vote in your pajamas."

LAC Chair Joe Dolan, sophomore political science and economics major, said the LAC

would like to see UMW get first place in Virginia for student voter registration this year.

"It's such a great tool. I can't believe that we didn't have it before," said Dolan.

According to Dolan, getting students to vote is the most important thing that he deals with as LAC chair.

"The best way to represent the students is to have their voices heard," said Dolan.

Voter turnout usually falls substantially in a governor's election compared to a presidential election, according to Stephen Farnsworth, professor of political science and international affairs and director of the Center for Leadership and Media Studies.

"We all have to live with

the consequences of this election, and the more people who participate, the better off we all are," said Farnsworth.

One of the reasons that the state cut back so much in higher education is because young people are less likely to vote, said Farnsworth. "If young people voted in greater numbers, the political outcomes would be more appealing to them."

Farnsworth said the complication of having to vote absentee or go out of town makes students less likely to vote.

"They have to go to extra steps to vote, whereas with a person who lives in the community, it's a very different system," said Farnsworth.

Molly Smith, junior international affairs major at UMW and

president of Democracy Matters, said she believes it is especially important for young people to vote because they will be affected by the long-term effects.

"I don't know if TurboVote will get people out to vote necessarily, but it's a step in the right direction," said Smith.

Nikki Maticic, UMW senior biology major, said that she would consider using TurboVote. According to Maticic, students do not have the time to go off campus to register to vote.

"Being able to access it on campus allows students to really participate in the political process," said Maticic.

Maticic said she believes it is very important for students to vote. "We don't think that we have as much of an impact as we really do," said Maticic.

Ben Hermerding, junior political science major and

president of the Young Democrats, said he believes democracy is strongest when everyone participates in the system.

"I really hope that students register, no matter how they do it," said Hermerding.

Farnsworth said no matter how people register to vote, they need to make sure they are successfully registered before the deadline on Oct. 15 for Virginia is general election this year.

"Whatever system you use, you have to double check. If you don't find out in time, you can't fix it," said Farnsworth.

Preston said that she believes it is important for people to exercise their right to vote.

"The people who are elected end up representing you, and it's important to at least have your voice heard through a vote," said Preston.

Sports

Eagle tennis takes regional championships by storm

By CHRIS MARKHAM

Adding to the Family Weekend activities last weekend, the University of Mary Washington Eagles hosted the Intercollegiate Tennis Association Southeast Regional Championships at the UMW Tennis Center. The Eagles gave an impressive showing, led by a talented sophomore class.

Sophomore Shelby Harris had a great first day, advancing to round 16 after defeating Chelsea Mixson of Washington & Lee 6-3 and 6-4. However, it was as far as she advanced in the tournament, losing to Jody Law of Johns Hopkins afterwards.

Harris paired with senior Lindsay Raulston to make it all the way to the quarterfinal round of the championship doubles draw after taking down the doubles teams from Randolph-Macon

and Bridgewater College.

Between those two matches, the Eagles only dropped two of the 18 games played. They went on to lose 8-2 against the doubles team of Vanessa Pavia and Bryn Raschke from Carnegie Mellon, making it farther than any other UMW tennis team since 2008.

Berringer Flood, another talented sophomore, showed a particularly strong performance on the second day of pair-offs, beginning at 8 a.m. Sunday.

After advancing to the quarterfinals of the Blue One Singles by taking down Gloria Bowman of Sweet Briar College 6-3 and 6-0 on Saturday, Flood defeated Brittney Eady of Moravian in a hard fought 9-7 victory. Flood then won against two consecutive John Hopkins' Blue Jays and took the crown. The Eagles' other cham-

pionship win came in the Blue Doubles One Consolation draw. The duo of Michaela Dowd and Ashley Price started the day with a semifinal match up against Adriana Scotto and Nicole Snitzer of Elizabethtown, where they won by default.

In the championship match, Dowd and Price defeated Megan Phillips and Heather Waring of Juniata College, 8-5 winning the crown.

UMW Sophomore Christy Gaul and Senior Anna Richman both picked up individual wins in their respective fields on Sunday, both winning their matches by a count of 8-3.

After a long weekend of padding wins to their resume, the lady Eagles will not compete again until Oct. 11 when they travel to Annapolis to play in the Naval Academy Collegiate Invitational.



Courtesy of UMW Athletics

Women's tennis scores high ranks in regional championship tournament.



Courtesy of Battlefield

Men's Rugby in 1985 was in full swing, one year after the club's establishment in 1984.

Seasons soon to start

Swimming

Friday, Oct. 18 vs. Washington & Lee at 7:00 p.m.

Rowing

Saturday, Nov. 2 at Head of the Occoquan (HOTO) at 10:30 a.m.

Men's Basketball

Saturday, Nov. 16 Hampton Inn South Tipoff Tournament vs. Montclair State 8:00 p.m.

Women's Basketball

Friday, Nov. 15 Hampton Inn South Tipoff Tournament vs. Penn State-Altoona 7:30 p.m.

A blast from athletics' past

By REGINA WEISS

For some students, sports are not the most important aspect of University of Mary Washington. But that is OK. What is important, however, is the deeply rooted history behind the school's athletic past, which is lengthier than one may consider.

In "University of Mary Washington: A Centennial History 1908-2008," Professor of history William B. Crawley Jr. covers UMW's past in overwhelming depth.

Not missing in his exploration of UMW's history is UMW athletics.

Crawley begins his outline of the UMW Athletic Program in the 1980s, when he says, "general culture began to place greater emphasis on issues of wellness."

Downtown Fredericksburg's Bodyworks Gym drew students for workouts, Crawley explains, and Goolrick Hall was home to a weight room, although it was "dank and uninviting."

With fit students come student athletes, which were abundant.

Intramural sports spanned the school, with options such as basketball, soccer, football, tennis, softball and volleyball, all drawing 600-800 students per semester in total in 2007, according to Crawley.

Club sports were yet another option between intramural and varsity sports, Crawley said.

According to Crawley, "the oldest continuously active club sport" at UMW was the equestrian club, founded in 1934. Its name changed in 1939 to the Hoof Prints Club and was still active in 2008.

The synchronized swimming club is another an oldie, named the Terrapins and founded in the same year as the equestrians. They used to host "water pageants" spanning two days. Swimmers sported "costumes, instrumental music, and illumination," Crawley said.

UMW's cheerleading club was fairly popular in the 1970s with the emergence of varsity teams. There were even male "lifters" on the team.

The Mary Washington College Dance Team formed in 1988 and choreographed their routines to modern dance and hip-hop, according to Crawley. Cheerleaders and dancers could be seen at halftime performances at basketball games and homecoming soccer games.

Currently popular club on campus, Ultimate Frisbee, began in the 1970s and expanded with more organization in the 1990s.

Arguably the most popular current club sport at UMW, rugby was just as big when it started in the 1980s, and especially when the MWC Rugby Club formed in 1984.

The appeal, Crawley says in his book, was the "tough-guy image" the sport gave off.

"Sometimes referred to as 'maul ball,' the sport promoted itself with bumper stickers that proclaimed, 'It takes leather balls to play rugby,'" Crawley said.

The team eventually joined the 25 team Virginia Rugby Union, which had teams along the East coast and scored coverage from both the Washington Post and the Free Lance-Star, according to Crawley.

The team defeated schools much larger, including

Duke (who they also defeated recently on Sept. 21) and North Carolina State.

The women's rugby team, coached by Professor of Geology, Grant Woodwell (still teaching at UMW) and then Bill Lucas, found success as well.

The women's team finished fourth nationally in their division in 1994.

The ladies had some expressions of their own as well.

"Like the men's team, the women ruggers developed a mystique of toughness, sporting T-shirts bearing suggestive sayings such as (on the front) 'Nice Cleats' and (on the back) 'Wanna Ruck?,'" according to Crawley.

It seems that the only thing that has changed for rugby is the year in which they are playing. They are still rolling over other larger teams and earning win after win. It is impressive.

Crawley goes on to describe developments in the athletic programs at UMW, including the strength of leaders such as Athletic Director Ed Hegman, hired in 1976.

New varsity sports were added in addition to the already existing 16 sports in 1985, including women's soccer and horseback riding in 1986, men's lacrosse in 1987, baseball and softball in 1988, and men's and women's rowing in 1988, according to Crawley.

UMW sports are thriving in 2013, as shown by the wins added to the statistics each week. Athletes, whether participating in intramural sports, club sports or varsity sports, should take pride in the steps they have climbed to be where they are now and celebrate their sport's history.

Get going to the Games

Volleyball

Saturday, Sept. 28 vs. Messiah at Washington, D.C. at noon.
Wednesday, Oct. 2 vs. York at 7:00 p.m.

Riding

Saturday, Sept. 28 vs. Randolph-Macon at University of Richmond Show in Richmond, Va.

Women's Soccer

Wednesday, Oct. 2 vs. Catholic at 4:00 p.m.

Sports

In the endzone: giant disappointment for New York fans

By NATHAN MARKLE

A few weeks ago, this column discussed how Giants fans did not need to press the panic button. I now withdraw that statement. Some may have foreseen a Panthers victory Sunday, but not even the most brazen of black cat fans would bet on a 38-0 romp over the Giants.

In the past three weeks, the Giants produced the worst turnover margin in football, are 0-3 in the season and made history on Sunday when they were shutout for the first time in 40 years.

If there is a silver lining here, it is that there is plenty of season left to play. Such a sentiment is not one to be taken lightly by New Yorkers though. The Giants' fan base has never been shy or hesitant to call out team administrators or players.

No one knows this better than head coach, Tom Coughlin, who sat in the hot seat so many times during his tenure that he may assume it is just an annual part of the season.

However, the team has never performed this dismally. The New York press is going to have a field day should the Giants continue to falter in what should be a winnable division.

Coughlin's naysayers never struck a chord with me, and he habitually shuts those individuals up, capturing two Super Bowl championships in his time with the Big Blue. That being said, I think it may be time to rethink my position.

The Giants are playing awfully right now. Coughlin's squad was so bad they could have lost to Abilene-Christians on Sunday.

The running game is non-existent, so far. The defense is not the formidable unit it was a couple years ago, and while Peyton Manning is leading the NFL in touchdowns, Eli is leading it in interceptions.

At this point, the season may be unsalvageable no matter what action Coughlin takes. However, there is a lot to like about Coughlin's coaching philosophy.

He symbolizes one of the few remaining figures

of the true old-school gridiron. He is harsh, fiery, passionate and notorious for demanding promptness and success out of his players.

So what is wrong with that? Well, the answer is it is 2013 and players do not respond to that kind of leadership the way they used to.

Coaches used to get in players' faces to curse and threaten them. It worked in the old days, but now, it just ticks players off or scares the hell out of them. David Wilson, the Giants' running back, is the poster child for that point.

Gone are the hardcore coaches that once pervaded the NFL. The game is con-

Men such as Vince Lombardi, former head coach of the Green Bay Packers, Tom Landry, former head coach of the Dallas Cowboys, Mike Ditka, former head coach of the Chicago Bears and more recently Bill Cowher, head coach for the Pittsburgh Steelers, achieved great legacies while being as menacing as imaginable. But that is just not the way the NFL is anymore.

The league is now flooded with young coaches who offer unique and fresh takes on the coach-player relationship and play calling. Change has proven to be a valuable asset to coaches and organizations alike.

Take Andy Reid, current head coach of the Kansas City Chiefs, for example. Similar to Coughlin, Reid enjoyed a long stay in Philadelphia and reached some of the game's greatest pinnacles. Ultimately, the time came for the organization and Reid to part ways.

That change resulted in positives for both parties, as Reid heads the Chiefs with a current 3-0 season, and the Eagles' offense is a favorite topic for NFL fans.

It seems that the writing is on the wall for Coughlin and the Giants. That does not mean Coughlin has not done well in New York and does not mean the Giants will fade into obscurity.

It just means there is an end to every era. Coughlin and the young Giants players are separated by many generations, and it appears he is being tuned out.

The team is playing pitifully, and the fans of such a proud franchise deserve better. Coughlin deserves better too.

It seems like a coaching change is warranted, and the Giants could and should be the next NFL franchise to roll the dice on a young coach. It has paid off recently for teams like the Bears, Dolphins, Eagles, Ravens, Seahawks, Steelers and defending

Gone are the hardcore coaches that once pervaded the NFL.

The game is continuously changing, and as time rolls on it seems only to shun personalities like Coughlin's more and more.

tinuously changing, and as time rolls on it seems only to shun personalities like Coughlin's more and more.

Player friendly coaches dominate the NFL now. Sean Payton of the New Orleans Saints, Chip Kelly of the Philadelphia Eagles, Pete Carroll of the Seattle Seahawks and so on are proving the success of this type of leadership.

Former NFL coach, Bill Parcells is a man cut from the same cloth as Coughlin. Parcells also spent time in New York, and he also won two titles.

Parcells possesses a reputation for being one of the most demanding coaches to ever grace the NFL. His style helped him reap great success in the 1980s, but his highly publicized return to coaching in the 2000s did not go so well. Players just did not seem to latch onto his old-school ways.

Parcells and Coughlin both made their way in the league via the "piss and vinegar" attitude and philosophy made famous by coaches of the NFL's yesteryear.



Courtesy of zimbio.com
Criticism about Giants' head coach Tom Coughlin is rampant among NFL fans.



Courtesy of UMW Athletics
Freshman Emma Olsen helped the Eagle volleyball team to a 3-0 win over N.C. Wesleyan.

Weekly wins abound for Eagles on the court and field

Women's Soccer, 4-4 season

Tuesday, Sept. 24 vs. Randolph-Macon College, 4-2

Field Hockey, 9-0 season

Tuesday, Sept. 24 vs. Catholic University, 1-0

Volleyball, 6-3 season

Tuesday, Sept. 24 vs. N.C. Wesleyan, 3-0

Women's Rugby

Saturday, Sept. 21 vs. VCU, 46-5

Men's Rugby

Saturday, Sept. 21 vs. Duke, 11-6



Courtesy of Mike Harrington
Women's Rugby soared past VCU Saturday, winning 46-5.



Courtesy of UMW Athletics
Field Hockey upped their winning streak to 9-0 against Catholic.